PRIZES

RAISE \$50

2025 Hike for Life t-shirt



RAISE \$250

Golf umbrella



RAISE \$500

Digital picture frame



RAISE \$1000

Electric screwdriver



RAISE \$2000

Ninja Cremi



RAISE \$5.000

\$500 Amazon gift card



PLUS SPECIAL PRIZES FOR:

Top 3 Fundraisers Top Youth Most Supporters

HIKERS WILL RECEIVE 1 RAFFLE TICKET FOR EVERY \$50 RAISED!

We will draw the raffle tickets while you're out hiking. Be sure to check for winning tickets when you return!

NEW GAMES THIS YEAR!

Get ready for some fun, friendly competition! Bring your family and friends, or team up with fellow hikers for our PIPELINE RELAY. Pair up for the POTATO SACK RACE or challenge a partner to FRISBEE TIC-TAC-TOE. Plus, enjoy other exciting games like BOZO BUCKETS and the HULA HOOP RELAY—all before heading out on the trail for your hike!



THANK YOU

for supporting LIFE by participating in this year's Hike for Life!

All proceeds benefit the Pregnancy Centers in Grayslake and Crystal Lake.

Our free services include:

- pregnancy tests
- pregnancy options education
- ultrasounds
- parenting education
- diapers, clothing, & more
- maternity clothing
- post-abortion recovery
- youth development
- men's mentoring





GRAYSLAKE LOCATION

888 E Belvidere Road, Unit 124 Grayslake, IL 60031

CRYSTAL LAKE LOCATION

610 Crystal Point Road, Unit 1 Crystal Lake, IL 60014

(224) 505-8565

Informed Choices offers a wide array of free services to assist those who are faced with the possibility of a pregnancy – planned or unplanned.

INFORMEDCHOICES.ORG





SATURDAY, MAY 10, 2025

8:30 am Registration and Breakfast 9:00 am Games, Program & Hike Kick-off

FOX RIVER FOREST PRESERVE

28500 W Roberts Road Port Barrington, IL 60010

REGISTER

support.informedchoices.org/hike



REGISTRATION FORM

Address	
City, State	Zip
E-mail	
Additional Family Me	mbers
Name	Age
Name	Age
Name	Age
participating in this program/act assuming the risk and legal liabili all claims for injuries, damages o	ivity, you will be expressly ty and waiving and releasin r loss which you or your mind
Read this form carefully and be oparticipating in this program/act assuming the risk and legal liabili	ivity, you will be expressly
participating in this program/act assuming the risk and legal liabili	tivity, you will be expressly ty and waiving and releasin r loss which you or your mind ult of participating in any and associated with this at there are certain risks in this program/activity, the the full risk of any and ardless of severity, that my accrue to me or my child) program/activity against (C), including its officials, es. I do hereby fully release Choices (Tri-Country CPC) damages, or loss that my the may accrue to me or my annected with, or in any way the service of the country can be compared to the country changes.

HIKE LIFE 2025

Hiker Name:	
Fundraising Goal: \$	

One-time amounts, not per mile

PLEDGE FORM

Donor Name	Address	Email & Phone	^⅓ Amount	Method
			\$	o Online o Cash o Check
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All donations benefit Informed Choices to help local women & families in need.

GRAND TOTAL \$